Dual Diploma Program

Students will complete all of our compulsory courses in this combined program to receive diplomas in both Art and Expressive Arts Therapy and register as both Art Therapists and Expressive Arts Therapists or Consultant/Educators.

We welcome a new instructor to WHEAT!

Carmen Richardson

Join celebrated author and therapist Carmen Richardson in:

- Treating Trauma in Children and Adolescents using Expressive Arts
  August 10-13th, 2020

- Expressive Arts to Treat Sexually Abused and Sexually Acting out Children and Adolescents
  August 15-18th, 2020

These courses can be taken as Drop-in or as part of a Diploma or Certificate program.

INDIGENOUS LANGUAGE

Join us in deepening your understanding of Indigenous values and worldview through acquisition of the language. Learn to speak nêhiyawêwin (Cree) with us! Open to the public. Register per term of 10 classes, held online Tuesday evenings starting in September, January or April.

Register now for Spring Drop-in classes and Online Summer Diploma programs!

WINNIPEG HOLISTIC EXPRESSIVE ARTS THERAPY INSTITUTE

We can deliver a program in your rural or remote community! Visit wheatinstitute.com/your-community for more details.

info@wheatinstitute.com
wheatinstitute.com
Art Therapy Diploma

Art therapy provides a creative, person-centred approach to address emotional and psychological difficulties through art with a firm basis in psychodynamic theory and developmental psychology.

A Diploma at the WHEAT Institute is an intensive program spanning the course of two summer intensives, online coursework, practicum experience and ongoing supervision. Graduates of the Art Therapy Diploma will have the training required to register as professional members of the Canadian Art Therapy Association.

COURSEWORK:
- Art Therapy Counselling Skills and Techniques
- Art Therapy Assessment & Field Research
- Working with Trauma
- Art Therapy Electives – 2 electives required for program completion
- Art Therapy Studio
- Focus Centred Art Therapy
- Expressive Therapies Continuum
- Somatic Expressive Arts
- Art Therapy History and Theory
- Ethical & Legal Issues in Expressive Arts Therapies
- Cultural Competency in the Therapeutic Use of the Arts
- Indigenous Ways of Knowing through the Arts
- Entrepreneurship & Running a Private Practice
- Beginner Cree
- Nehiyawewin, the Land and Life as Art in Saskatchewan
- Cultural Immersion at Island Lake in Saskatchewan

Expressive Arts Therapy Diploma

The Expressive Arts field amplifies wellness and addresses emotional and psychological difficulties through the therapeutic, multi-modal use of visual art, movement, drama, music, poetry and spoken word.

Graduates are qualified to begin the registration process as Therapists or Consultant / Educators with the Ontario Expressive Arts Therapy Association / Canadian Expressive Arts Therapy Association or the International Expressive Arts Therapy Association with either REAT or REACE designations.

COURSEWORK:
- Expressive Arts Studio I and II
- Practicum Skills
- Working with Trauma through Expressive Arts
- Ethical & Legal Issues in Creative and Expressive Arts Therapies
- Cultural Competency in the Therapeutic Use of the Arts
- Indigenous Ways of Knowing through the Arts
- Art Therapy History and Theory
- Entrepreneurship & Running a Private Practice
- Principles of Drama Therapy
- Expressive Arts – Personal & Professional Practice
- Somatic Expressive Arts
- Beginner Cree
- Nehiyawewin, the Land and Life as Art in Saskatchewan
- Cultural Immersion at Island Lake in Saskatchewan
- Developmental Psychology and Psychopathology
- Treating Trauma in Children & Adolescents using Expressive Arts
- Expressive Arts to Address Sexually Abused & Sexually Acting Out Children & Adolescents
- Final Project/Research Methods
- Practicum Experience
- Individual and Group Supervision

Expressive Arts Certificate

This 200 hour certificate offers an experiential exploration of the therapeutic use of the arts for School Counselors, Resource Teachers, Clinicians, Therapists, Clergy and Artists. Courses are offered on weekends and can be registered for individually as professional development.

COURSEWORK:
- Expressive Arts Studio I and II
- Practicum Skills
- Expressive Arts – Personal and Professional Practice:
  - Art Making as Mindfulness
  - Poetry
  - Creative Drama
  - Indigenous Knowledge & Perspectives through Art
  - Movement
  - Music & Spoken Word

Online Spring Courses
- Online Counselling Training
- ReAwakening Ancestral Resiliency through Eco-Arts
- Trickster Tales: Traditional Cree Stories for Cree Learners
- Crisis response: Working with Individual and Collective Trauma

Learning to listen, in colour.

See our schedule online at wheatinstitute.com
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