



WINNIPEG HOLISTIC  
EXPRESSIVE ARTS  
THERAPY INSTITUTE

WWW.WHEATINSTITUTE.COM  
WHEATINSTITUTE@GMAIL.COM  
204.293.3869

BOX 14 ST. NORBERT  
WINNIPEG MB R3V 1L5

September 7, 2019

WHEAT Institute is excited to announce its first scholarship fundraiser in collaboration with the Winnipeg Foundation and the inimitable WHEAT grad, renowned local writer and puppeteer, Janine Tougas. Having recently had a playful and transformative learning journey through the WHEAT Institute Expressive Arts Therapy Certificate, Janine has a heartfelt desire to help the institute. To this end, she has devised a very unique and special way to contribute to the WHEAT Institute Scholarship Fund.

She has developed a one-of-a-kind, limited edition therapeutic game called **Playing with Archetypes: Fairy Tales – Our Tales**. When you contribute \$200.00 to the WHEAT Institute Scholarship Fund, you are entitled to receive this collector's item as a gift.



#### **Playing with Archetypes: Fairy Tales – Our Tales**

- 24 vintage porcelain Red Rose tea figurines representing nursery rhymes & fairy tales
- 24 cards with the nursery rhymes & fairy tales illustrated by Brigitte Rosenlund
- questions on the back of each card to explore the archetype's message
- 8 posters of Virginia Satir's universal resources by Raymond Lemoine
- a 16-page booklet describing activities based on Satir's therapeutic model

Perhaps you remember grandparents or parents opening Red Rose tea boxes in the 1970s, only to find a precious, tiny, porcelain nursery rhyme or animal figurine? Sets of these figurines became collector's items when their distribution was discontinued. Janine Tougas has collected thousands of these tiny, vintage figurines, and mixing beauty and purpose, she has integrated the nursery rhyme characters into game activities based on Virginia Satir's model and included in them in a 16-page instruction booklet.

WHEAT Institute students who piloted the initial game gave the following feedback:

*"I liked the feel and the beauty of the figurines."*

*"I could correlate the nursery rhymes to my own experience."*

*"The game allowed me to build a path and see myself get there."*



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*"It always brings me back to the positive outcome – more of what I want and less of what I'm moving away from."*

*"It's personal and universal. "*

*"The nursery rhyme character came in to help me make a connection with my resources."*

*"I loved that we could choose where we start and where we finish. We create our own path, that's how it is in life."*

By donating, you are contributing to the development of two scholarship funds in perpetuity named after two important people, who have served as inspiration to Darci Adam, the founder of the WHEAT Institute. They include prairie realist artist Bea L. Anderson, Darci's grandmother, and Elder Harry Bone, groundbreaking educator and member of the Assembly of Manitoba Chiefs Elders' Council. These scholarship funds will assist artists and Indigenous students in furthering their training in therapeutic use of the arts.

Cheques can be made payable to Winnipeg Foundation, with WHEAT Institute Scholarship Fund Fundraiser in the note. We will need to be informed of your donation to forward you the game voucher, so please do not make it anonymously. E-transfers can be sent to [info@wheatinstitute.com](mailto:info@wheatinstitute.com) and will be forwarded to the Winnipeg Foundation. Again please indicate WHEAT Institute Scholarship fund in the note and include your email. We will send you a gift voucher to pick up your copy of the game at a south end location. Please note that E-transfers sent directly to the Winnipeg Foundation will result in an automatic e-donation receipt, which **cannot** be exchanged for a game.

Should you wish to donate more than \$200.00, please make a separate contribution directly to the Foundation (WHEAT Institute Scholarship Fund), and you will receive a tax-deductible receipt for that amount. Please see website for further details at <https://www.wheatinstitute.com/scholarship>.

We are grateful for your support in making training in the therapeutic arts more accessible to all! Thank you for your consideration and support!

Sincerely,

Darci Adam, WHEAT Director  
[info@wheatinstitute.com](mailto:info@wheatinstitute.com)  
204-293-3869  
Box 14 St. Norbert  
Winnipeg, MB R3V 1L5  
<https://www.wheatinstitute.com/>